

# Monthly Instructional Guide Checklist

December

Texas SPED Support's Monthly Instructional Guides help special education teachers in self-contained classrooms navigate the school year. Each month contains relevant content and resources. For more in-depth information on each checklist item, please visit the [December Monthly Instructional Guide](#).

**This month's focus is on evaluating your professional growth.** The content aligns with Quality Indicator II: Effective Teams on the [Rubric of Effective Practices for Students with Complex Access Needs](#) and the [Administrator Companion Document to the Rubric of Effective Practices for Students with Complex Access Needs](#).

- ☐ Collect your baseline data using the [Rubric of Effective Practices for Students with Complex Access Needs](#).
- ☐ Select target areas for personal improvement.
- ☐ Create a professional development plan.

**Final Thought:** Continue learning.

For more resources in supporting students with complex access needs, go to [spedsupport.tea.texas.gov](https://spedsupport.tea.texas.gov).