

# Foundational Reading Lesson Set User Guide 

The Foundational Reading Lesson Set is designed to provide Texas teachers with a set of instructional materials that can be used to create phonics lessons across the entire year. It includes routines for all components of phonics lessons as well as an entire year's worth of materials. The materials are designed for students in first grade who are learning to read and students in first, second, and third grade who need additional instructional support. The language and words can be used with students across many levels. The clue cards are designed for primary grades and need to be replaced for some older students who are sensitive to the perception of doing activities designed for younger children.

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Foundational Reading Lesson Set User Guide


## Foundational ReadingLessonSet UserGuide

Welcome to the Foundational Reading Lesson Set User Guide. These materials were created for Texas teachers in partnership with the Texas Education Agency (TEA) and Inclusion in Texas network. The goal is to provide Texas teachers with a set of instructional materials that can be used to create phonics lessons across the entire year. It includes routines for all components of phonics lessons as well as an entire year's worth of materials.

## Some features we think you will appreciate include:

- the top 500 sight words chosen uniquely using modern methods,
- approximately 4,000 words students can read,
- more than 200 image cards for phonological awareness lessons,
- more than 80 sound-spellings to teach students--ordered by frequency and with word lists, and
- more than 40 sound-spelling clue cards for most phonemes in English.

We created these resources because we have worked with many teachers who do not have access to evidencebased instructional materials. We wanted to make it easy for teachers to get lesson materials -- and not just for a couple days or weeks. We wanted to provide enough materials to last most of the school year. These materials cover most of the Texas Essential Knowledge and Skills (TEKS) for word recognition for kindergarten and first grade and many of those in second and even third grade (there are some notable exceptions).

The materials are designed for students in first grade who are learning to read and students in first, second, and third grade who need additional instructional support. The language and words can be used with students across many levels. The clue cards are designed for primary grades and need to be replaced for some older students who are sensitive to the perception of doing activities designed for younger children.

The User Guide includes the following sections:
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II. The Lesson Guides
III. The Lesson Materials
IV. Constructing a Lesson
V. Teaching the Lessons
VI. Using Materials Flexibly
VII. Lesson Plan Guide
VIII. Lesson Plan Template
IX. Terminology used in the Lessons

We hope you find these materials helpful and usable.

## Devin Kearns,

Lead Designer

## Marcia Ferreira,

Routine Designer

## Cara Wyly Myers,

Educational Service Center, Region 20,
Project Manager, Inclusion in Texas Network

## Materials

Here is a summary of what is included in the Foundational Reading Lesson Sets.

## Lesson Guides (Routines)

- Phonological Awareness
- Initial sound identification
- Final sound identification
- Medial sound identification
- Oral segmenting
- Oral blending
- Sound-Spellings (grapheme-phoneme correspondences)
- Introducing sound-spellings
- Reviewing sound-spellings
- Reading words with sound-spellings (sounding out)
- Phonograms
- Introducing phonograms
- Reviewing phonograms
- Reading words with phonograms
- High-Frequency Words
- Introducing new high-frequency words
- Reviewing high-frequency words
- Generalizing Skills
- Reading sentences with decodable and high-frequency words
- Introducing and reading texts
- Spelling practice
- Phonics Activities: Practice Games
- Guess My Word
- Find It
- Cross It Out
- Lesson Plan Guide and Lesson Plan Template


## Lesson Materials

- Phonological Awareness materials
- Phonological Awareness Lesson Picture Cards
- Phonological Awareness Lesson Picture List
- Sound-Spellings materials
- Sound-Spelling Sequence Chart
- Sound-Spelling Clue Cards
o Decodable Word List
- Decodable Word Cards
- Phonogram Word List

O Phonogram Word Cards
o High-Frequency Word List
o High-Frequency Word Cards

- This user guide is intended to help teachers use these materials to construct lessons.


## The Lesson Guides

The purpose of the Lesson/Routine Guides is to provide teachers with step-by-step procedures for teaching, reviewing, and practicing skills. The Lesson Guides include a routine that can be used repeatedly for different skills.

## Lesson/Routine Guides include:

- Objective
- Model
- Practice
- Closure
- Materials
- Teacher Notes (as needed)


## Objective:

The objective section of the lesson/routine indicates what students will be learning, reviewing, or practicing in the lesson.

## Model: Watch/Listen

The model section of the lesson/routine includes a teaching point and brief explanation of the skill that will be introduced, reviewed, or practiced. The teacher will explicitly model the skill for students before they try it with guided practice and independent application.

## Practice: Let's try it

The practice section of the lesson/routine invites students to try the skill with guided practice and gradual release support from the teacher. During this portion of the lesson, teachers should be monitoring students as they complete the tasks and also checking for student understanding. If needed, the teacher may offer more opportunities for practice, include additional examples, or repeat the model. The teacher may also increase the difficulty of the examples provided if students are completing them with $100 \%$ accuracy.

Closure: Review/Restate
The closure section of the lesson/routine restates the teaching point/objective for the lesson. It also provides students with one more brief opportunity to practice or apply the skill on their own.

## Materials:

The materials section of the lesson/routine includes materials or resources the teacher will need for the lesson/ routine. When applicable, links to relevant materials or resources are provided in this section.

## Teacher Notes:

The teacher notes section of the lesson/routine provides important information or tips the teacher may find useful when teaching the lesson.

## Lesson Guide: Reviewing Sound-Spellings



## Relevant notes/tips for the teacher

The Foundational Reading Lesson Set provides teachers with Routines/Lesson Guides for the following topics/skills:

| Routine/Lesson Guide Topics |  |  |
| :--- | :--- | :--- |
| Phonological | - <br> - <br> Awareness <br> - <br> - <br> - | Initial Sounds |
|  | Medial Sounds |  |
|  | Oral Segmenting |  |


| Routine/Lesson Guide Topics |  |
| :---: | :---: |
| Generalizing Skills | - Reading Sentences with Taught Words <br> - Reading a Text <br> - Spelling Practice |
| Phonics Activities | - Practice games: <br> - Guess My Word <br> - Find It <br> - Cross it Out |

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## The Lesson Materials

## Overview

After reading this document, look at the lesson guides that accompany this document in detail. These materials are designed to be used flexibly. The materials for the lessons provided include important word components:

- Sound-Spellings
- High-Frequency Words (HFWs)
- Phonograms

For each of these materials, there is a complete list of all word units (sound-spellings, phonograms, or HFWs), words that contain the units, and word cards teachers can use as part of the lessons.

The sound-spelling and phonogram word lists include an extensive collection of words that contain the targeted word part.


## Constructing a Lesson

## Getting Started

These are comprehensive materials. They include instructional routines along with short lesson guides to help you know how to teach them. There is a lot to learn.

## Review the Lesson Plan Guide

Browse the Lesson Plan Guide to understand how lessons are designed. It has links to all the materials you will use in the lessons.

- Follow the Lesson Plan Guide to identify the activities you will do and the words you will practice. See how to structure a lesson by choosing the appropriate skills/components your students need.
- When you create lessons, you will use the Lesson Plan Template to fill in the activities and your words.


## Learn the Lesson Components

In general, every lesson should include the following elements:

- Practicing phonological awareness skills (early in development)
- Introducing a new sound-spelling or phonogram
- Reviewing sound-spellings and phonograms
- Introducing new high-frequency words
- Reviewing high-frequency words
- Sounding out words or reading them using phonograms
- Extending practice with practice games
- Generalizing skills by doing one or more of these activities:
- Reading sentences containing words students have learned or can decode (not provided)
- Reading texts containing words students have learned or can decode (not provided)
- Spelling words

Lessons should take approximately 30 minutes, although the time may fluctuate. If lessons take much longer, make them shorter by teaching them over multiple days.

## Review the Scope and Sequence Documents

There are Scope and Sequence documents for Sound-Spellings, High Frequency Words, and Phonograms. They provide details about the patterns and words that will be covered. You will need these to decide where to start your students based on where you think they belong in the Scope and Sequence.

Note that the Phonogram Scope and Sequence may not be used with all students. Phonograms are helpful units, but they may be more useful for teaching students who need additional support rather than as part of wholegroup instruction. Keep this in mind as you review the materials.

## Placing Students

First, identify students' current skill levels. You can examine their scores on recent assessments or have them read selected words from the Scope and Sequence documents from the Foundational Reading Lesson Set. This will tell you where to start and at what pace to move through the content.

You should evaluate students' knowledge of sound-spelling correspondences, phonograms, and high-frequency words. This will help you decide where to start with all three types of word units.

Based on student performance, teachers should decide where to start in the sequence of sound-spellings, phonograms, and high-frequency words. There are no specific rules about where to start. However, there are some important notes to consider:

- The sound-spelling lessons are designed to build on one another. Teachers should avoid skipping around and should deliver the lessons in the order they are listed.
- If teaching phonograms
- The highest frequency phonograms are at the beginning of the list and should be taught first.
- There are no specific rules about whether to teach phonograms before teaching all the soundspellings in them. Research suggests that readers move from examining smaller units in words to larger ones; therefore, it is advised that sound-spellings are taught first. As already stated, these may be best for students who need additional reading support.
- The highest frequency words are at the beginning of the word list; therefore, they should be taught first.
- Assessment data should be used primarily--at the beginning--to decide how much to teach each day rather than what to teach.


## Teaching the Lessons

## Instructional Principles

There is some general guidance about how to teach students. This guidance applies across content areas, but is very important for reading instruction.

- Practice matters more than almost anything else. The lesson guides include routines that have many opportunities to practice. Students should read dozens of words in a single lesson--even if there is no sentence or book reading. The more practice students do, the more likely they will improve their reading. Count how many words students read in a minute--not for fluency, just while you are teaching. If students are not reading more than 10 words, they are not getting enough practice.
- Students need to practice by saying words themselves--not just listening to others. Some students who have difficulty do not participate in lessons very much. They mumble during choral response, and they rarely volunteer to read anything themselves. These students frequently need the most practice. As a result, teachers need to find ways to give them this practice. This is why the lesson guides include so much choral response and so many practice opportunities. It is also the reason students sometimes whisper answers to each other. You will also notice that students do not respond one-at-a-time very often in these lessons. That is by design. Every student needs to be saying words frequently. When just one student responds, other students are not practicing at the same level. Maximum learning comes from maximum expressive practice. Receptive practice is less effective.
- It is better to distribute practice than practice for a long time. Students may not always get the lesson content easily, and teachers sometimes extend lessons until mastery. This is not necessary. It can be frustrating for both the students and the teacher, and after a while, students begin to get distracted--even if they want to pay attention. The alternative is to keep lessons short and have varied activities in each one, as the lesson guides show. If students do not master the content today, review it tomorrow. Students will consolidate information subconsciously, and they will do better and better each day they practice.
- Use simple games, not complex ones. You will notice that the games are so simple that they may not seem like games at all. But, if you set a goal of "crossing out all the words" or "saying all the words that
start with /b/ in a whisper voice," that is enough like a game to interest students. Complex games take time away from practice.

There are some other principles that are more specific to reading lessons.

- Emphasize the importance of flexibility for students. As the sound-spelling sequence shows, there are many cases where the same letters make multiple sounds. All five vowel letters do it, and Y has even more pronunciations. Sometimes there are rules for deciding which pronunciation to use, but often there is not. Therefore, teach students that there are multiple pronunciations (as the sound-spelling sequence describes) and they will need to try both when they read.
- Increase flexibility by mixing word types. For example, in a lesson on the $I R$ pronunciation of /er/, students should practice many $I R$ words, but they should also practice words where $E R$ makes the /er/ sound. This kind of mixed practice builds flexibility.
- To the extent possible, focus on remembering how patterns are pronounced rather than memorizing the names of patterns or particular rules. The magic $E$ rule is not included because it takes the focus off reading--and there is a simpler way to do it (more on that below). Keep in mind that students should be readers; they do not need to be linguists. There is a lot of information that is important for you to know as a teacher, but your students may not need all of it. For example, there is a reason that the ed is pronounced three different ways, but students may not need to know this. There are many interesting "did you know?" things to learn about reading, but consider whether students need the information or whether it is important information for the teacher to understand.


## Using the Materials Flexibly

The general principle is that these materials are designed to help teachers, not to tell teachers exactly what to do. We (the authors) have written the routines to be as clear and simple as possible, but we realize you may want to modify them to fit the needs of your students. If that is the case, we always recommend that teachers be concise when they explain things and realize that it is important to explain things to students the same way every time.

You may find that you do not like the names given certain word units, the suggested order of instruction, or some other components. In addition, the explanations we have given may not match what you do at school now. You can make adjustments as appropriate. If your experience leads you to think differently about how to teach a lesson, modify the lesson. For example, examining the "correct" parts of irregular high frequency words (through has three letters that make sense-thr and four that do not - ough) is recommended by some. It is not a bad idea, and it would be fine to include that.

## Here are some ways in which we recommend teachers adapt the lessons:

- Teachers should decide when to move to the next skill based on student response. Only move on when students are ready. Being ready usually involves achieving mastery--at least $95 \%$ accuracy.
- The sound-spellings, phonograms, and HFWs are in order but each number is not equivalent to a single day.
- Teachers choose which words to teach based on student need.
- Teachers decide when to introduce new sound-spellings, phonograms, and HFWs. As described above, sound-spellings and phonograms should be interspersed, but teachers may differ in which they focus on more based on student need.
- Words can be used for assessment purposes. Teachers may have students read one of the word lists to see how they are doing on a given sound-spelling, phonogram, or HFW. Teachers can also use their observations from lessons and performance in a spelling practice lesson to guide instruction.

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- Teachers should adjust instruction based on student performance. Teachers may reteach word units that students are having difficulty learning. Often, children struggle with the short vowels, even though they are introduced early in the sound-spelling sequence. These may need review long after they have been introduced.
- Special information may be especially tricky for students. Teachers should review special information as often as needed. All of the special information about the sound-spellings is contained in the soundspelling sequence and on the decodable word list.


## There are a few things that are important not to do:

Do not teach rules that require students to think about anything besides letters and sounds. Here are some things to avoid.

- The magic E rule is not necessary. Students can learn that $A$, a consonant, and a final $E$ makes the long $A$ sound. Why do students need to learn that the E makes the A say its name? They do not. The rule requires students to think consciously about this specific manipulation and it is just as easy to recognize as vowel-consonant-E instead.
- It may not be necessary to teach students that two-letter combinations are called digraphs, that threeletter combinations are trigraphs, or that some digraphs are also diphthongs where our mouth slides as we say the sound. We have chosen names like "letter team" to emphasize two known things: (1) words have letters and (2) a team involves more than one person working together. It is simpler so it is easier for students to learn. However, what terminology you decide to use should be based on:
- recommendations from professional development providers,
- school or district leaders who would like to have consistent language within or across schools,
- discussions and joint decision-making with your peers, especially within a grade-level team, and
- your own judgment about what is best.
- There is a pattern to the pronunciation of the past tense - whether it is $/ \mathrm{t} / \mathrm{/} / \mathrm{d} /$, or $/ \mathrm{ed} /$ and there is also a pattern to the plural pronunciations. However, the pattern is quite complex, and it is not always necessary for students to learn it. It is sufficient for most students to know that the past tense has multiple pronunciations (same for plurals).


## Lesson Plan Guide

| Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide (use the blank Lesson Plan Template to design your lesson) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Time | Target Skills | Selecting What to Teach \& Teacher Tips | Materials |  |  |
| 5 min | Phonological Awareness (PA) <br> Choose one or two phonological awareness activities that match student need and skill. <br> These activities are organized by difficulty: <br> - Initial sound identification <br> - Final sound identification <br> - Medial sound identification <br> - Oral blending <br> - Oral segmenting | Selecting Words to Teach <br> - 5-10 words <br> - words with 3-4 sounds depending on student skill <br> Teacher Tips <br> - Early on, only do 3 -sound words. Change to 4 sounds only after students have mastered 3sound words. <br> - Choose words that have the sound-spelling(s) you are introducing or reviewing. <br> - If students have mastered most PA tasks, it is not necessary to continue with PA lessons. | Word Lists \& Picture Cards <br> - Phonological Awareness Lesson Picture Cards <br> - Phonological Awareness Lesson Picture List <br> Lesson Guides |  |  |
|  |  |  | Objective: Student sound. | Lesson Guide: Phonological Awareness Init <br> ognize spoken alliteration or groups of words that begin with the sarf | t or initial |
|  |  |  | $\begin{array}{\|l\|} \hline \text { Model } \\ \text { Watch/Listen } \end{array}$ | - Today we will listen for the initial or first sound in a word. We are listening for /b/. Watch/listen: <br> The word is bat. Hold up the bat picture. The first sound is /b/. Bat, /b/. | 0 |
|  |  |  | $\begin{aligned} & \text { Practice } \\ & \text { Let's try it/ } \\ & \text { Your turn } \end{aligned}$ |  | $\square$ |
|  |  |  | Closure <br> Review/Restate | - We practiced listening for the initial or first sound in a word. What did we practice? <br> What first sound did we listen for? /b/. Tell your partner one word that starts with /b/ other for $5-10$ seconds. I heard _say some words. The first sound in these words is $/ \mathrm{b} /$ | words to each |
|  |  |  | Mraceis: Promoseste |  |  | N

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## Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide

(use the blank Lesson Plan Template to design your lesson)


## Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide

(use the blank Lesson Plan Template to design your lesson)

|  |  | Selecting Sound-Spellings to Review <br> - 2-5 sound-spellings that students will need to read the decodable words in this lesson. <br> Teacher Tips for Selecting Sound-Spellings to Review <br> - Focus mostly on those that students <br> - have not mastered and/or <br> - need review because they were harder for students to master and/or <br> - were not reviewed recently. <br> Selecting Words to Blend <br> - 10-20 words <br> - words containing newly introduced soundspellings <br> - words containing reviewed sound-spellings | Lesson Guide: Introducing Sound-Spellings |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Otjective: Students will idenitify and match the common sounds that letters represent. |  |  |
|  |  |  | Model <br> Watch/Listen | - Today we will learn a new spelling and sound. We will learn the spelling B. <br> Watch/Listen: 0 Show students the Bear Clue Card for /b/. <br> - This is the bear card. <br> - The spelling is $b$. 0 The sound is $/ \mathrm{b} /$. <br> - When I see the bear, I think of the sentence: The brown bear walks around. | +18 |
|  |  |  | Practice <br> Let's try it/ <br> Your turn | - Let's practice together <br> I am going to tell you the name, spelling, and sound of the card again. Then it is your turn <br> The card is bear. What's the card? Bear The spelling is b What's the spelling? B <br> The sound is $/ \mathrm{b} /$. What's the sound? B <br> Let's say the sentence together: The brown bear walks around. |  |
|  |  |  | Materials: Bear card, Sound-Spelling Sequence Chart, Sound-Spelling Clue CardsTeacher notes: Some sound-spellings have special information (ex digraphs). Check the Sequence Chart. If there is special information, be sure to point this out for students. |  |  |
| $\begin{aligned} & 5-10 \\ & \text { min } \end{aligned}$ | Phonograms* <br> In some lessons, introduce new phonograms. <br> - Introducing phonograms <br> - Reviewing phonograms <br> - Reading words with phonograms | Selecting Phonograms to Introduce <br> - 1-2 phonograms <br> - Follow the phonogram list <br> Selecting Phonograms to Review <br> - Focus mostly on those that students <br> - have not mastered and/or, <br> - need review because they were, harder for students to master, and/or <br> - were not reviewed recently. | Word Lists 8 <br> - Pho <br> - Pho <br> - Sou <br> Lesson Guid | ture Cards ram Word List ram Word Cards pelling Sequence Chart |  |

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## Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide

(use the blank Lesson Plan Template to design your lesson)

|  |  |  |  | Lesson Guide: Introducing Phonograms |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | Objective: Students will se phonograms (body-rime units) to decode one-svllable words. |  |
|  |  |  | $\begin{array}{\|l\|l} \text { Model } \\ \text { Watch/Listen } \end{array}$ |  |
|  |  |  | $\begin{aligned} & \text { Practice } \\ & \text { Let's try it/ } \\ & \text { Your turn } \end{aligned}$ | - Let's practice together <br> Write pan. Find the rhyming team an. What's the rhyming team? an Point to or underline an. Repeat for the words can, man, than, span, and van- word? pan |
|  |  |  | Closure <br> Review/Restate | - We practiced the rhyming team an. What did we practice? an What is the spelling? A-N What does it say? an <br> - Turn to a partner and tell them at least 1 word you know that has the rhyming team an. |
|  |  |  | Materials: Phonogram List, Teacher notes: Note that ph If most students are reading <br> * Phonogram additional re lessons. | Word Cards, Sound-Spelling Sequence Chart <br> are also called body-rime units. These are familiar to some educators as "word families." That term is not used here because word with $100 \%$ accuracy, increase difficulty to include examples like pans, can't, ant, cans, man's. <br> re especially recommended for students who need ng support. This could be skipped for whole-group |
| 5 min | Generalizing skills <br> - Reading sentences with taught words <br> - Reading a text <br> - Spelling practice | Writing Sentences to Practice Taught Words <br> - Write sentences that include <br> - words that were practiced in the HFW, sound-spelling, or phonogram lesson <br> - HFWs, sound-spellings, or phonograms that were taught in earlier lessons, especially those that <br> ■ were harder for students to master and/or <br> - were not reviewed recently <br> Teacher Tip for Writing Sentences <br> - You will probably need to use a few words students have not practiced so it is possible to | Word Lists <br> - High <br> - Hig <br> - Deco <br> Lesson Guid | ture Cards equency Word List equency Word Cards ble Word List |

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## Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide

(use the blank Lesson Plan Template to design your lesson)
make logical sentences. Just tell the students these words when writing the sentence.

## Selecting Texts to Read

Choose books that contain

- words that were practiced in the HFW, soundspelling, or phonogram lesson
- HFWs, sound-spellings, or phonograms that were taught from earlier lessons, especially words that
- were harder for students to master and/or
- were not reviewed recently

Choose books that

- do not have predictable patterns that can be guessed using pictures (not good for practicing decoding)
- are at the students' instructional level ( $85 \%$ to $90 \%$ accuracy when reading)
- are short enough to read in less than 5 minutes


## Teacher Tip for Selecting Texts

- The goal is to maximize time with "eyes on the text," so students should have just a few difficulties with decoding. The goal is to practice (and therefore master) the skill they have already learned. If there are too many hard words, students will get frustrated and not get enough practice time.
- For decodable words students get stuck on
- tell students to "sound it out" or "use your sound-spellings"

Lesson Guide: Reading Sentences with Taught Words


|  | Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide (use the blank Lesson Plan Template to design your lesson) |  |  |
| :---: | :---: | :---: | :---: |
|  |  | - wait 5 seconds or less for the student to try, then sound out the word yourself, have the student repeat, and have them read on. <br> - For HFWs students get stuck on, wait 5 seconds or less before telling the student the word and having the student repeat it. For HFWs that are also decodable, you can use the decodable word suggestion above. <br> - Do not encourage students to use the picture to read words. <br> Spelling Practice <br> - 5-10 words with new sound-spellings or phonograms <br> - 5-10 words that contain patterns students learned recently or were difficult to master and are good to review <br> Teacher Tip for Spelling Practice <br> - Words with vowel sound-spellings need more review than consonants. The short vowel pronunciations take more practice than many other vowel pronunciations. |  |
| 5 min | Phonics Activities: Practice Games <br> - Guess My Word <br> - Find It <br> - Cross It Out | Selecting Words for Guess My Word <br> - 5-10 words with new sound-spellings or phonograms <br> - 5-10 words that contain patterns students learned recently or were difficult to master and are good to review | Word Lists \& Picture Cards <br> - High-Frequency Word List <br> - High-Frequency Word Cards <br> - Decodable Word List <br> - Decodable Word Cards <br> - Phonogram List |

## Inclusion in Texas Foundational Reading Lesson Set - Lesson Plan Guide

(use the blank Lesson Plan Template to design your lesson)

## Teacher Tip for Guess My Word

- Make sure the words are easy to define (ex: cat is good, but the is not).

AND/OR
Selecting Words for Find It

- 5-10 words with new sound-spellings or phonograms
- 5-10 words that contain patterns students learned recently or were difficult to master and are good to review


## AND/OR

Cross It Out

- 5-10 words with new sound-spellings or phonograms
- 5-10 words that contain patterns students learned recently or were difficult to master and are good to review

Teacher Tip for Phonics Activities: Practice Games

- You can select one or more of these activities.
- These games are simple and fast-paced. They emphasize many opportunities to practice rather than a lot of time spent on the game part.
Other games can be designed, but students should be practicing reading between 10 and 20 words per minute during any game.


## Lesson Guides

Lesson Guide: Practice Games
Objective: Students will practice phonics skills by playing games that involve reading words.

| Guess My Word | Objective: Students will use decoding skills to read words by choosing the correct words after hearing a definition. <br> - Let's play Guess My Word. I'll tell you the meaning of a word and you find the word. <br> - Show students 5-10 words on a whiteboard or using word cards. <br> - Say the definition/meaning of a word. Students take turns pointing to the word that matches the meaning <br> - Ask students to use the word in a sentence. <br> - Ask students to reread all the words as you point to them to review. |
| :---: | :---: |
| Find It | Objective: Students will use decoding skills to read words by choosing the correct word from a set of $5-10$ words. <br> - Let's play Find It. I'll say the sounds in a word and you find the word. <br> - Write 5-10 words on a whiteboard (or use words on index cards). <br> - Say the sounds in a word. Students take turns pointing to the word that matches the meaning. |
| Cross It Out | Objective: Sudents will use decoding skllst to read worts by reading the word from a set of 5.10 words. <br> - Let's play Crossit out. Il Il show y ou some words. You pick a word to try, sound it out/read it. . will cross it out. <br> - Write $5-10$ words on a whiteboard (lor use words on index cards). <br> - Students voluntee t to read one of the words. Cooss off the word ater the student reads it. |
| Materials: High. Freauency Word List, High.frequeny Word Cards, Decodable Word tst, Decodable Word Cards, Phonogrm ust, Phonogram Word Cards |  |
| Teacher notes: Use the wo in previous lesson sets. | quency Word (HFW) Practice, Sounding Out, or Phonogram Lesson or create your own list. All materials listed above can |

## Lesson Plan Template

| Time | Target Skills | Selecting What to Teach \& Teacher Tips | Materials |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 5 min | Phonological Awareness (PA) | Selecting Words to Teach | Word Lists \& Picture Cards <br> - Phonological Awareness Lesson Picture Cards <br> - Phonological Awareness Lesson Picture List <br> Lesson Guides |  |  |
|  |  |  |  | Lesson Guide: Phonological Awareness Init ognize spoken alliteration or groups of words that begin with the same |  |
|  |  |  | Model <br> Watch/Listen |  | $0$ |
|  |  |  | $\begin{aligned} & \text { Pearctice } \\ & \text { rett } \end{aligned}$ | Let's practice together: o III say the word. You say the word and the first sound. Ready? Listen. $\circ$ Hold up the book picture. Book. Word? Book. Think of the first sound. Pouse. ○ Say the word and first sound. Book, /b/. Repeat with other words. | (E) |
|  |  |  | Closure <br> Review/Restate <br> Materials: Phonological Aw |  |  |

## Inclusion in Texas Foundational Reading Lesson Set

| 5 min | High-Frequency words (HFW) | Selecting Words to Introduce <br> Selecting Words to Review | Word Lists \& Picture Cards <br> - High-Frequency Word List <br> - High-Frequency Word Cards <br> Lesson Guides |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | Lesson Guid | Lesson Guide: Introducing |
|  |  |  | Objective: Students will identify and read high-frequency words from a research-based list. |  |
|  |  |  | Model Watch/Listen |  |
|  |  |  | Practice Let's try it/ Your turn |  |
|  |  |  | Closure <br> Review/Restate |  |
|  |  |  | Materials: Whiteboard, marker, the word the on a flashcard, 5-10 other HFWs High-Frequency Word List, High-Frequency Word Cards |  |
| $\begin{aligned} & 5-10 \\ & \text { min } \end{aligned}$ | Sound-Spellings | Selecting Sound-Spellings to Introduce <br> Selecting Sound-Spellings to Review <br> Selecting Words to Blend | Word Lists \& Picture Cards <br> - Sound-Spelling Sequence Chart <br> - Sound-Spelling Clue Cards <br> - Decodable Word List <br> - Decodable Word Cards |  |
|  |  |  | Lesson Guides |  |

## Inclusion in Texas Foundational Reading Lesson Set

|  |  |  | Lesson Guide: Introducing Sound-Spellings |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Objective: Students will dientify and match the common sounds that letters represent. |  |  |
|  |  |  | $\begin{array}{\|l\|} \hline \begin{array}{l} \text { Model } \\ \text { Watch/Listen } \end{array} \end{array}$ | $\qquad$ | N |
|  |  |  | $\begin{aligned} & \text { Practice } \\ & \text { Let'stry it/ } \\ & \text { Your turn } \end{aligned}$ |  |  |
|  |  |  | Closure <br> Review/Restate |  <br> Rifht ilsen to the sentence have ine the thate <br>  |  |
|  |  |  | Materials: Bear card, Sound-Spelling Sequence Chart, Sound-Spelling Clue Cards <br> Teacher notes: Some sound-spellings have special information (ex: digraphs). Check the Sequence Chart. If there is special information, be sure to point this out for students. |  |  |
| $\begin{aligned} & 5-10 \\ & \text { min } \end{aligned}$ | Phonograms* | Selecting Phonograms to Introduce <br> Selecting Phonograms to Review | Word Lists \& Picture Cards <br> - Phonogram Word List <br> - Phonogram Word Cards <br> - Sound-Spelling Sequence Chart <br> Lesson Guides |  |  |
|  |  |  |  |  |  |

## Inclusion in Texas Foundational Reading Lesson Set



## Inclusion in Texas Foundational Reading Lesson Set



## Inclusion in Texas Foundational Reading Lesson Set



## Terminology Used in the Lessons

## Terms

The table below contains a list of terms that you will encounter in the lessons and that you will likely learn in other professional development. Even if you do not use them all, they are valuable to know.

It is important to understand that there are different ways to think about what kinds of terms students need to know--versus you as the teacher. A general principle is that simpler is better, but what terminology you decide to use should be based on:

- recommendations from professional development providers,
- school or district leaders who would like to have consistent language within or across schools,
- discussions with your peers and joint decision-making, especially within a grade-level team, and
- your own judgment about what is best.


| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
|  | A consonant letter describes all of the English letters except $A, E, I, O$, and $U . Y$ has both consonant and vowel sounds. $W$ is a consonant but is occasionally used in vowel digraphs (e.g., AW). |  |  |  |
| derivational morphemes | Suffixes that change the part of speech of the base word. | FUL in the word helpful | suffix | Students may not need to know the technical term. |
| digraph | Two letters in a row that represent one phoneme. <br> Consonant and vowel sounds are sometimes written as digraphs. <br> Sometimes digraphs containing diphthongs are classified separately. | Al, SH | letter team <br> digraph <br> vowel team (only applies to vowels) | The term letter team may be easier for some students to remember. Depending on the terminology you choose, the term digraph may be taught instead, or in addition to letter team. |
| diphthong | A vowel sound that is formed by moving the mouth during the production of the sound. | The sounds of the vowels in brow and boy | letter team digraph | The term diphthong is a technical term, and students will be able to recognize these patterns as digraphs. |
| final phoneme | The last phoneme in a spoken word. | /t/ in bat | last <br> final |  |
| grapheme | A letter or group of letters used to spell a phoneme (e.g., $E$, $A I, I G H)$. In a few cases a single letter represents multiple sounds (e.g., $X$ ). | E, AI, IGH | spelling <br> grapheme | The term spelling aligns with the term sound-spelling. |

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| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
| grapheme- <br> phoneme correspondence | The pattern comprising a grapheme and the phoneme associated with it. | $M=/ \mathrm{m} /$ | sound-spelling | The term soundspelling is used throughout the lessons. |
| high frequency word | One of the most commonly occurring words in English. | the something number | high frequency word | This is often confused with "sight word" (any word a person knows "by sight"). |
| inflections | A suffix that does not change the part of speech of the base word. | ED in played <br> $S$ in dogs ES in buzzes <br> ING in doing | past tense plural <br> happening now | Students may not need to know the term "inflection." It is complex technical language that does not support word reading. |
| initial phoneme | The first phoneme in a spoken word. | /b/ in bat | first <br> initial |  |
| letter | One of the 26 characters used to write English words. | $A, Z$ | letter |  |
| letter-sound | A term to describe the connection between a letter and a sound. Usually, lettersounds are thought of as concerning one letter. | $\begin{aligned} & A=/ a / \\ & B=/ b / \end{aligned}$ | letter-sound | May be better to use "soundspelling" which encompasses sounds spelled by more than one letter (sh, ay). |
| long vowel | A tense sound that is found in any location in a syllable. Unlike short vowels, they can occur at the end of a word. They can occur anywhere in a syllable in a polysyllabic word. | $A=/ \bar{a} /$ | long vowel | A syllable with a long vowel at the end is an open syllable. |
| medial phoneme | Any phoneme between the initial | /a/ in bat | middle <br> medial |  |


| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
|  | and final phonemes in a spoken word. |  |  |  |
| morpheme | A unit of meaning within a word. It can be the whole word or a part of the word. Some morphemes can be words on their own (base words; unbound morphemes) and others cannot (roots; bound morphemes). | Plays has two morphemes: PLAY and $S$. | morpheme | It may not be necessary to refer to these word parts as morphemes specifically. Students should learn words like "prefix" and "base word". |
| nasal phoneme | A phoneme in English in which air is blocked in the mouth and the sound is released through the nose. | /m/, /n/, /ng/ | nasal sound | It may be helpful to explain to some students that certain phonemes are pronounced through the nose. It may not be necessary for all students. |
| open syllable | A spoken syllable that ends with a vowel sound. The vowel usually has a long sound. In written English, open syllables usually end with vowel letters. | Tl in tiger | open syllable |  |
| phoneme | A single sound. There is generally thought to be between 40-44 phonemes in English. | /m/ (usually marked using slashes) | sound <br> phoneme | The term sound will be more familiar to students and easier to remember. Depending on the terminology you choose, the term phoneme may be taught instead, or in addition to sound. |
| phonogram | A term used to describe a bodyrime correspondence. These are sometimes called | $-A I N=/ a ̄ n /$ as in main <br> $-E E T=/ \overline{\mathrm{e}} /$ as in feet | rhyme team | Phonogram is too technical for children. Rhyme team describes the function and characteristics and |


| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
|  | rimes or word families, but these terms are incorrect because a rime is just a sound unit and word families describe words that share morphemes. |  |  | would be more appropriate to use. |
| prefix | An affix added to the beginning of a base word or root | UN in untie | prefix |  |
| QU | $Q U$ is a unique pattern. It is not technically a digraph because each letter makes a different sound. However, it is like a digraph in that these letters almost always appear together. | $Q U=/ k w /$ | QU |  |
| rhyme team | A body-rime unit also called a phonogram (see that entry for other names). | $-A I N=/ a ̄ n /$ as in main <br> $-E E T=/ \overline{\mathrm{e}} /$ as in feet | rhyme team | The term rhyme team is not widely used but is included in these lessons because it describes how a phonogram works and because it aligns with the "team" language throughout. |
| schwa | A reduced vowel in an unaccented syllable. Almost all polysyllabic words in English have the schwa sound. | The first and third $A$ in banana. | schwa | It may not be necessary to teach the term schwa if students learn to "tune" incorrect pronunciations. |
| short vowel | A lax sound that is usually not at the end of a word. They sometimes do end spoken syllables in polysyllabic words. | O = /ŏ/ in hop | short vowel | A syllable with a short vowel is a closed syllable. |


| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
| sound-spelling | A term to describe the connection between a grapheme and its pronunciation. | $\begin{aligned} & Q U=/ \mathrm{kw} / \\ & M=/ \mathrm{m} / \end{aligned}$ | sound-spelling | This term is used throughout the lesson materials. |
| final stable syllable <br> (consonant-LE sound-spelling) | A convention of English syllables in which a consonant followed by the letters $L$ and $E$ is pronounced with its typical sound and the $L E$ with a schwa and the $/ \mathrm{I} /$ sound (sometimes the L sound is considered a vocalic consonant and the schwa sound is thought to be absent). | CLE in circle | consonant-LE | When discussing syllables, refer to a "consonant-LE syllable." |
| suffix | An affix added to the ending of a base word or root. | LY in clearly | suffix |  |
| syllable | A part of a spoken word composed of an onset (usually), peak (vowel), and coda (usually). Syllables almost always have a peak. In other words, a syllable almost always has a vowel phoneme. It may have consonant phonemes before or after the vowel. | DAZ in dazzle <br> $R O$ in robot <br> OUT in outside <br> A in about <br> The onset is the first consonant(s). <br> The peak is the vowel(s) and the coda is the consonant(s) after the vowel(s). | syllable | Examples: <br> street <br> onset = str <br> peak=ee <br> coda $=t$ <br> aunt <br> no onset <br> peak $=a u$ <br> coda $=n t$ <br> pea <br> onset $=p$ <br> peak = $e a$ <br> no coda |
| syllable type | A convention used to describe different types of written syllables. | The six types are described in the TEKS as: closed, open, Vce, vowel teams (including digraphs and diphthongs), rcontrolled syllables, | syllable type | VCe syllables are often called "vowelconsonant E" syllables. <br> Vowel team syllables may contain digraphs, diphthongs, or trigraphs. |


| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
|  |  | and stable final syllables. |  | R-controlled syllables are often called "vowel R" syllables. <br> Stable final syllables are often called "consonant-le" syllables. |
| trigraph | Three letters in a row that represent one phoneme. | IGH, TCH | Letter team Trigram | The term letter team may be easier for some students to remember. The technical term refers to a very small number of sound-spellings and may not be necessary to use. |
| unvoiced phoneme | Unvoiced sounds occur when the vocal cords do not vibrate. | /t/, /p/ | unvoiced | It may be helpful to explain to students that they do not use their voicebox to make some sounds. It may not be necessary for all students. |
| voiced phoneme | A phoneme that includes vibration of the vocal cords. | /d/, /m/ | voiced | It may be helpful to explain to students that they use their voicebox to make some sounds. It may not be necessary for all students. |
| vowel | A vowel phoneme is not constricted by the teeth, tongue, or lips. All vowel sounds are voiced. There is generally thought to be 15 vowel phonemes in English. | The final phoneme in the word low is a vowel phoneme as is the first phoneme in the word apple. | vowel | The term "vowel" is usually used with students to refer to the letters. |


| Term | Definition | Examples | Language for Students | Notes |
| :---: | :---: | :---: | :---: | :---: |
|  | A vowel letter describes the names of the letters $A, E, I$, $O$, and $U . Y$ has both consonant and vowel sounds. |  |  |  |
| vowel-consonant E | This term describes the pattern containing a vowel letter, a consonant, and the letter $E$. The vowel almost always has the long sound. | A_E in lake <br> I_E in bike | vowel-consonant-E sound-spelling | When discussing syllables, refer to a "vowel-consonant-E syllable." When teaching the soundspelling on its own, just say "vowel-consonant-E." Do not teach vowel-consonant-E using the "magic E" rule. Simply describe the pattern (a vowel, a consonant, and E with the long sound) and read words with it. |
| vowel-R | A vowel pattern comprised of a vowel letter (usually one) and the letter $R$. The pronunciation of the vowel letter is not the same as its typical sound. | AR, OR | vowel-R soundspelling | When discussing syllables, refer to a "vowel-R syllable." When teaching the sound-spelling on its own, just say "vowel-R." |
| X | X is a unique letter. It is the only letter that represents two phonemes, /k/ and /s/. | $X=/ \mathrm{ks} /$ | X |  |

